

INH: Isoniazid

What INH Does:

INH kills the tuberculosis (TB) germs

How to Take INH:

Take the INH pill when your stomach is full. The best time is immediately after the evening meal. If pills make you sleepy, take it at bedtime with a snack.

- ◆ Take it at the same time everyday.
- ◆ Mark on a calendar the day you begin.
- ◆ Keep your medicine in a visible place (kitchen or bathroom).

ALSO: Eliminate or cut down drinking of alcoholic beverages while taking INH.

Call the Clinic:

If any of the following symptoms occur:

- ◆ Loss of appetite
- ◆ Nausea or vomiting
- ◆ Yellowing of eyes or skin
- ◆ Dark yellow or Coca-Cola colored urine
- ◆ Rash or itching
- ◆ Numbness of hands and feet
- ◆ Weakness or fatigue

Clinic:

Telephone:

(Courtesy of the Massachusetts Department of Health)